

PATIENT INFO

Name: _____ Birth Date: _____ - _____ - _____
 Age: _____ Male / Female Height: _____ Estimated Weight: _____
 Address: _____ City: _____
 State: _____ Zip: _____ E-mail Address: _____
 Cell Phone: _____ Home Phone: _____
 Marital Status: ☐ Single ☐ Married ☐ Significant Others' Name: _____
 Occupation: _____ Employer: _____
 Children and Ages: _____
 Name & Number of Emergency Contact: _____ Relationship: _____
 Driver's License #: _____ Social Security #: _____ - _____ - _____
 Do you have insurance YES / NO Name of Insurance: _____ Policy# # _____
 (Please present your Health Insurance Card as well as Driver's License or State ID to front desk staff)

WHAT BRINGS YOU IN?

Please identify the condition(s) that brought you in:	Level of Pain or Symptoms	Zero =NONE
Primary:	0- 1- 2- 3- 4-5- 6- 7- 8- 9- 10	
Secondary:	0- 1- 2- 3- 4-5- 6- 7- 8- 9- 10	
Third:	0- 1- 2- 3- 4-5- 6- 7- 8- 9- 10	
Fourth:	0- 1- 2- 3- 4-5- 6- 7- 8- 9- 10	

When did the problem(s) begin? _____
 How did the injury happen? _____ ☐ Auto ☐ Work ☐ Unknown ☐ Insidious ☐ Trauma ☐ Slow
 When is the problem at its worst? ☐ AM ☐ PM ☐ mid-day ☐ Evening PM ☐ While Working
 Did you notice pain immediately after accident or trauma? Yes / No
 Did you notice ☐ PAIN ☐ NUMBNESS ☐ TINGLING ☐ WEAKNESS ☐ SPASM in either Leg, Arm or Hand? Yes / No
 What relieves your symptoms? _____ What makes them feel worse? _____
 When do you experience your problem(s): ☐ Constant ☐ Intermittent ☐ Occasionally ☐ Comes and Goes ☐ Rarely
 Is it painful when you are getting up and down? Yes / No Doesn't Apply
 Does pain decrease with use of Ice or Heat? Yes / No Doesn't Apply
 Have symptoms changed since onset(circle one): Better Same Worse

HEADACHES?

How often: ☐ Daily ☐ 1-2x per week ☐ 3-4x per week ☐ 5-6x per week ☐ Every 2 weeks ☐ Monthly ☐ Never
 When do they occur? (circle) Mornings Afternoons Evenings Nights Working
 Where are they located? (check all that apply)
☐ Front ☐ Back ☐ Right Side ☐ Left Side ☐ Top of Head ☐ Other: _____
 Are your Headaches related to your present Accident, Injury, Trauma, or illness? Yes / No
 Do any of these symptoms accompany your headaches? (circle all that apply)
 Nausea Vomiting Dizziness Passing Out Blurry Vision Other: _____

Please check **any** and **all** conditions that apply:

☐ **Headache(s):** Tension Migraine Organic Radiating Other:

(circle) the **SEVERITY:** 0 1 2 3 4 5 6 7 8 9 10



(circle) **How Much** you experience this: None Occasional Intermittent Frequent Constant

☐ **Neck (Cervical):** Pain Tension Muscle Spasm Stiffness Ache Radiating

(circle) the **SEVERITY:** 0 1 2 3 4 5 6 7 8 9 10



(circle) **How Much** you experience this: None Occasional Intermittent Frequent Constant

☐ **Mid-Upper Back (Thoracic):** Pain Tension Muscle Spasm Stiffness Ache Radiating

(circle) the **SEVERITY:** 0 1 2 3 4 5 6 7 8 9 10



(circle) **How Much** you experience this: None Occasional Intermittent Frequent Constant

☐ **Low Back (Lumbar / Sacral):** Pain Tension Muscle Spasm Stiffness Ache Radiating

(circle) the **SEVERITY:** 0 1 2 3 4 5 6 7 8 9 10



(circle) **How Much** you experience this: None Occasional Intermittent Frequent Constant

☐ **Extremity (Right – Both –Left):** Shoulder(s) Elbow(s) Knee(s) Ankle(s) Feet

Circle the **SEVERITY** 0 1 2 3 4 5 6 7 8 9 10

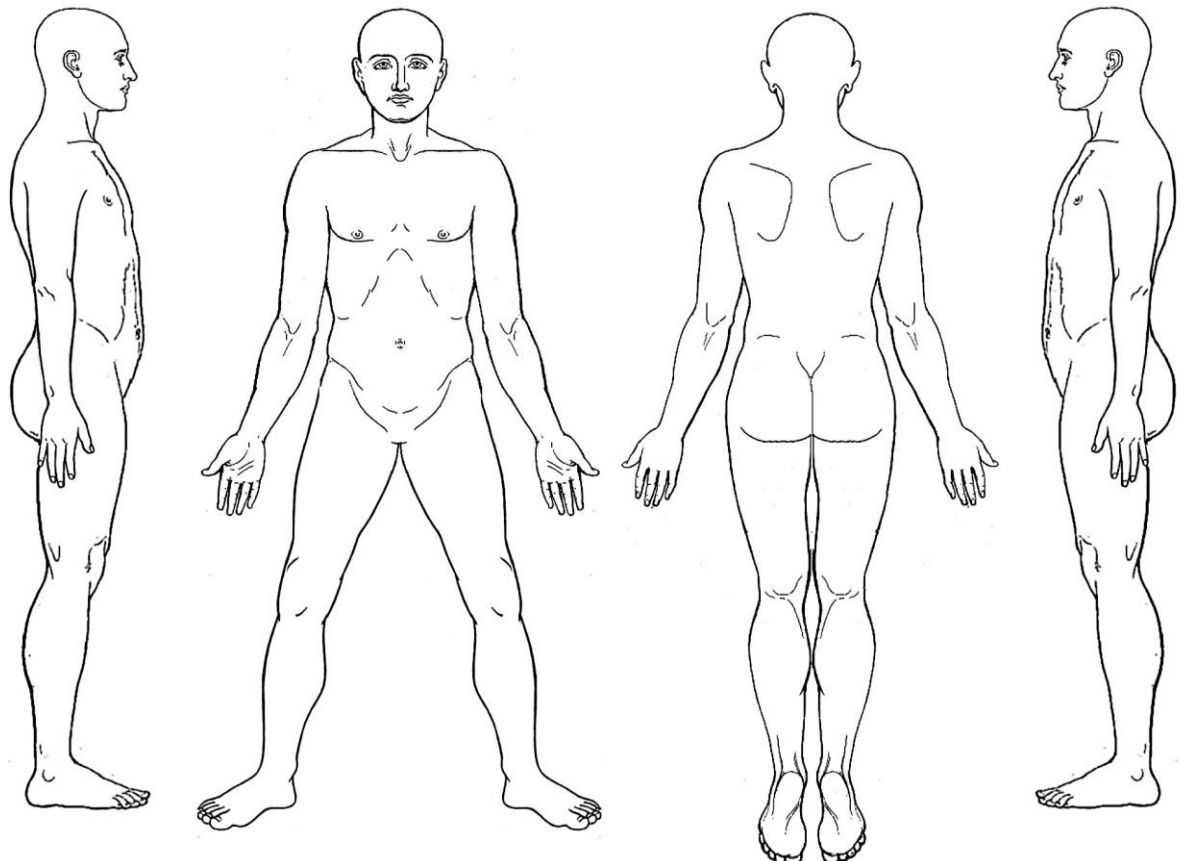


Other: _____

Circle **How Much** you experience this: None Occasional Intermittent Frequent Constant

On the diagram, please mark what your present concerns are using the following letters:

- P** = Pain
- A** = Ache
- B** = Burning
- S** = Stabbing
- D** = Dull Pain
- R** = Radiating
- H** = Throbbing Pain
- N** = Numbness
- T** = Tingling



If you have a Family History listed please circle “**F**” for that symptom in the **Family** Column.

If you have had a listed symptom in the Past, please circle “**P**” in the **Past** Column.

If you are currently having a particular symptom, circle the “**C**” for that symptom in the **Current** Column.

Family	Past	Current		Family	Past	Current					
F	P	C	Abdominal Pain	F	P	C	Nausea				
F	P	C	Abnormal Weight: Gain / Loss	F	P	C	Low Back Pain				
F	P	C	Allergies / Sinusitis	F	P	C	Mid-Back Pain				
F	P	C	Angina	F	P	C	Muscular In-coordination				
F	P	C	Ankle(s) Pain	F	P	C	Neck Pain or Stiffness				
F	P	C	Anorexia	F	P	C	Numbness (where):				
F	P	C	Aortic Aneurysm	F	P	C	Muscle Spasm (where):				
F	P	C	Arm(s) Pain (Right – Left – Both)	F	P	C	Pain in Ankle or Foot (Right – Left – Both)				
F	P	C	Arthritis	F	P	C	Pain in Lower Leg or Knee (Right – Left – Both)				
F	P	C	Asthma	F	P	C	Pain in Upper Arm or Elbow (Right – Left – Both)				
F	P	C	Back Pain	F	P	C	Pain in Upper Leg or Hip (Right – Left – Both)				
F	P	C	Bladder Problems	F	P	C	Painful Urination				
F	P	C	Blood Disorder	F	P	C	Plantar Fascitis				
F	P	C	Breast: Soreness / Lumps	F	P	C	PMS				
F	P	C	Cancer, Explain:	F	P	C	Profuse Menstrual Flow				
F	P	C	Carpal Tunnel	F	P	C	Prostate Problems				
F	P	C	Chest Pains	F	P	C	Radiculitis				
F	P	C	Chronic Cough	F	P	C	Rapid Heart Beat				
F	P	C	Chronic Sinusitis	F	P	C	Restless Legs				
F	P	C	Colitis	F	P	C	Rheumatoid Arthritis				
F	P	C	Constipation / Irregular bowel habits	F	P	C	Sciatica				
F	P	C	Convulsions	F	P	C	Scoliosis				
F	P	C	Diabetes	F	P	C	Shoulder Pain				
F	P	C	Depression	F	P	C	Sleep Apnea				
F	P	C	Dermatitis / Eczema / Rash	F	P	C	Sleep Problems				
F	P	C	Difficulty in Swallowing	F	P	C	Stroke (Date):				
F	P	C	Dizziness	F	P	C	Stiffness (where):				
F	P	C	Ear Problems or Pain	F	P	C	Swelling, Stiffness of Joint(s)				
F	P	C	Elbow Pain (Right – Left – Both)	F	P	C	Thyroid Problem				
F	P	C	Emphysema (chronic lung disorders)	F	P	C	Tinnitus (Ear Noises)				
F	P	C	Endometriosis	F	P	C	Tumor, Explain:				
F	P	C	Epilepsy	F	P	C	Ulcer				
F	P	C	Erectile Dysfunction or Impotence	F	P	C	Vertigo				
F	P	C	Excessive Thirst	F	P	C	Visual Disturbances				
F	P	C	Fainting	F	P	C	Vomiting				
F	P	C	Frequent Urination	F	P	C	Wrist Pain				
F	P	C	Fybromyalgia	F	P	C	Whiplash				
F	P	C	Gallbladder Problems	F	P	C	Other:				
F	P	C	General Fatigue	Have You or Your Family Had:							
F	P	C	Hand Pain (Right – Left – Both)	F	P	C	Cancer				
F	P	C	Headaches or Migraines	F	P	C	Chronic Back Problems				
F	P	C	Heart Attack (when):	F	P	C	Chronic Headaches				
F	P	C	Heartburn / Indigestion	F	P	C	Diabetes				
F	P	C	High Blood Pressure	F	P	C	Epilepsy				
F	P	C	Incontinence	F	P	C	Heart Problems				
F	P	C	Irregular Menstrual Flow	F	P	C	High Blood Pressure				
F	P	C	Irritable Colon	F	P	C	Lung Problems				
F	P	C	Jaw Pain or TMJ	F	P	C	Lupus				
F	P	C	Kidney Disorder	F	P	C	Rheumatoid Arthritis				
F	P	C	Kidney Stones	F	P	C	Stroke				
F	P	C	Knee Pain (Right – Left – Both)	Social and Habit History							
F	P	C	Liver Problems	P	C	Tobacco use		packs/tins per day			
Please list Current Medication(s):				P	C	Alcohol use		drinks per day / week / month			
				P	C	Drug or Alcohol Dependence					
				P	C	Caffeine Drinks		per day			
				P	C	Exercise or Fitness		minutes per day / week			

ACTIVITIES OF DAILY LIVING / EJOYMENT OF LIFE

Effects of Current conditions On Performance

Please identify how your current condition is affecting your ability to carry out activities that are routinely part of your life:

Bending	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Concentrating	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Doing computer Work	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Gardening	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Playing Sports	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Recreation Activities	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Shoveling	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Sleeping	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Watching TV	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Carrying	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Dancing	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Dressing	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Lifting	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Pushing	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Rolling Over	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Sitting	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Standing	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Working	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Climbing	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Doing Chores	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Driving	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Performing Sexual Activity	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Reading	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Running	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Sitting to Standing	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform
Walking	<input type="checkbox"/> No Effect	<input type="checkbox"/> Painful (can do)	<input type="checkbox"/> Painful (Limits)	<input type="checkbox"/> Unable to Perform

Other (for example can't play with children or grandchildren please describe): _____

I certify that the above information is complete and accurate to the best of my knowledge. I agree to notify this Doctor immediately whenever I have changes in my health condition

I hereby authorize payment to be made directly to ORTHO INTEGRATIVE, for all benefits which may be payable under a healthcare plan or from any other collateral sources. I authorize utilization of this application or copies thereof for the purpose of processing claims and effecting payments, and further acknowledge that this assignment of benefits does not in any way relieve me of payment liability and that I will remain financially responsible to ORTHO INTEGRATIVE for any and all services I receive at this office.

Patient or Authorized Person's Signature

_____/_____/20_____
Date Completed

Staff Witness Signature

_____/_____/20_____
Date Form Reviewed